

## Statement of delivery of Health Education in the NZC (2007)

In Health Education, students develop an understanding of factors that influence personal and societal well-being, build resilience and develop capabilities for enhancing their own well-being and supporting others.

Constructivist (building knowledge) approaches are used to engage students in authentic and meaningful learning contexts. Students' needs are taken into account and lessons cater for diverse learning styles and capabilities. Students are encouraged to achieve to their potential and engage in critical thinking processes.

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