# Let's chat.

Te Pānui o Te Kura Tuarua o Waihora Lincoln High School Newsletter • Issue 4



# **Principal's Report**

# Kia Ora,

We welcome our new Assistant Principal, Kylie Wissel, to our school. Kylie comes to us from Waiuku College and takes over the pastoral portfolio in the senior leadership team. Kylie has a long association with Canterbury and has been looking forward to returning to the region.

We recently hosted prospective parents and students to our Open night, and by all accounts the parents and the students thoroughly enjoyed their visit to the school – there were lots of wonderful displays with students and teachers interacting as the visitors travelled around the school with our very popular student guides. I wish to thank all the students and teachers who contributed to the evening – it felt like a true community event.

Over the last year a group of teachers have been working at a strategic level on our school learning structures. We started with a discussion and evaluation of why we needed to look at a change and asked ourselves what we wanted to achieve. Our summary evolved into the following objective and strategy:

# **Objective:** To increase achievement for all students

# **Strategy:** Students will receive an education personalised to their needs

We have used student, parent, and staff feedback, consulted other educators, visited other schools and read available research to inform our decisions. Shortly we will share our



Students receive their letters of congratulation for Debating, Stage Challenge, Japan Exchange and Badminton.

findings with the staff and the students so any further refinements can be made before announcing any changes to a timetable structure for 2016.

With our increasing roll we are expecting a new classroom block to be built in the next year. We have been in consultation with the Ministry of Education and progress is being made on the structure and location of the new build.

Winter sport is well underway now and I would like to thank all parents, coaches and managers for their on-going support over the cold winter months. It has been wonderful to see our students performing in Stage Challenge (a fantastic 3<sup>rd</sup> place this year), drama productions and debating events – please continue to support our young people in these worthwhile events.

Nāku, nā

Kathy Paterson Principal

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# **Book Amnesty**

A plea for return of English Department Novels and Plays:

The English Department is very low on copies of set texts that are studied from Years 9 -13. Please return these to the English Department or School Office in exchange for a lollipop. Any that we own will have stamps on them saying 'Lincoln High School, English Department' and/ or a barcode on the front that says 'Departmental Resource'.

Please check bookshelves and under beds as we have 95 books that are lost and alone.

Don't forget about the lollipop!

With thanks, the English Department.

Kathryn Fitzgerald

# School Branding

You may have noticed from the front page of this newsletter that we've updated the school's branding to reflect a crisper, more contemporary style - while retaining the history and heritage of the Lincoln crest. We'll be rolling the new look out across the school in the forthcoming months We're currently working with our uniform suppliers to get the revised crest on their next production runs.

# Year 9 BYOD

We're delighted with the progress our Year 9s are making integrating technology into their learning with their devices. We now have ten HP Pavilion laptops in the school library which can be borrowed by Year 9 students for a single period up to a day if their device is unavailable. To be fair to everybody they are not intended as a long-term substitute for bringing their own to school!

# **Entertainment Books for Sale**

These are still being sold by the Lincoln High School Senior A Netball team. The link is:

https://www.entertainmentbook.co.nz/ orderbooks/134r565

For more information regarding the Christchurch Entertainment book see the following links

Here is a link to a YouTube clip explaining the digital membership:

https://youtu.be/Vvtg5fceC7Y

This is a link through to our digital flip book:

http://issuu.com/epaau/docs/ christchurch\_entertainment\_book\_201\_7f9a1 c6bab53a6?e=16038615/12218475

# Staff changes

#### Farewell:

Matthew Fraser Liz Fried Katie McGuinness Jung Hye Choi Amanda Templeton Neil Brown

#### **Returning:**

Stephen Rout Lucy Smith

#### Welcome:

Anna Davidson Kylie Wissell Vanessa Lamont

#### **Congratulations:**

Cassie and Hayden Calvert on the arrival of Ella. Carla and Darren Weber on the arrival of Samuel.

# Class photos from this year and previous years.

The **Year 9** class photos were taken last month. To order a photo please follow the link below. This will take you to the photographer's website to view the photos from this year, and previous years. Follow the instructions on the page.



The special pricing for the Year 9 Photographs will finish on **FRIDAY 26<sup>th</sup> June**. Please see the drop down menu when ordering, for all of our pricing options.

Link: www.bit.ly/LHSYr92015

password (Caps Sensitive): K111LHS2015



# Have a Go Day Coming to Selwyn

You can try out 20 different sport and recreation activities at a Sport and Recreation Have a Go Day. This free event is hosted by Selwyn District Council and local sport and recreation groups, and is on **Sunday, June 21** from 12-3pm at the Lincoln Event Centre. There will be activities to suit all ages and abilities and it is also a great opportunity for parents to bring their kids along to try out fun activities and find something which suits their children.

Indoors you can have a go at: American football, badminton, basketball, body audit, hula hoops, older adult exercise classes, pump classes, spin class, table tennis, yoga and zumba. Outside you can try: archery, football, golf, lawn bowls, pedalmania bikes, skate boarding, softball and walking. There will also be mini gym, scouts, bouncy castles, a pop up café, a live band, and a sausage sizzle.

Have a Go Day passports will be available from Thursday 4<sup>th</sup> June from Selwyn Libraries, the Lincoln Event Centre, Rolleston Community Centre, the Council offices in Rolleston and at the event. Complete the simple challenges on the passport and have this stamped to enter a prize draw for a \$250 sport voucher, gifts from Selwyn Community Pharmacy, Tea House vouchers, or Sportsmed Lincoln massage vouchers. Ray White and Challenge in Lincoln are also supporting this event.

#### Allanah Jarman

Communications Advisor Selwyn District Council Phone 03 3472 807 Mobile 027 706 8804 Email allanah.jarman@selwyn.govt.nz **Henri Rollinson** - bronze medal for 400m Free, 4<sup>th</sup> for 100 Fly and 8<sup>th</sup> for 200 Free in the National Age Group Swimming Championships.

Olivia O'Brien, Siobhan O'Brien and Ellen Thomson - great organisation of the Stage Challenge performance.

**Tayla Haugh, Cameron Jolly** and **MacKenzie Parker -** selected for the Kurashiki Japan Exchange.

**Rebecca Mingard -** distinction at Regional Chinese Speech Competition, success in Round 3, Senior section against a STAC team in Canterbury Schools' Debating Competition.

**Caelan Thomas -** South Island Under 17 Badminton champs in Blenheim, winning all three events – singles, mixed and doubles.

**Frania Cowie, Theresa Matheson-Grant** and **Tessa English -** members of 3<sup>rd</sup> place group at Year 12 Chemistry Competition at CPIT.

**Oliver Gwatkin -** member of 7<sup>th</sup> place group at Year 12 Chemistry Competition at CPIT.

**Elin Harris, Seong June Her -** members of 7<sup>th</sup> place group at Year 12 Chemistry Competition at CPIT, and success in Round 3 of Senior section against STAC team in Canterbury Schools' Debating Competition.

**Aurelia Wilberforce** and **Haylin Neal** - distinction at the Regional Chinese Speech Competition.

**Taylin Smith -** 1<sup>st</sup> junior secondary group at the Regional Chinese Speech Competition, 1<sup>st</sup> in South Island Speech Competition, 3<sup>rd</sup> in NZ National Chinese Bridge Proficiency competition.

Won top talent for junior category for all three competitions with her Chinese dance.

**Charlotte Walker -** 2<sup>nd</sup> for senior secondary group at Regional Chinese Speech Competition. Distinction for her performance playing the Nunchakus.

**Leah Sammon -** 2<sup>nd</sup> for junior secondary group at Regional Chinese Speech Competition. Distinction for writing calligraphy with a brush.

**Matthew Weaver** -3<sup>rd</sup> for the junior secondary group at the Regional Chinese Speech Competition. Distinction for his performance playing the

piano.

Please note: while we attempt to publish all the details that we are aware of, we are largely dependent on the wider community for information about student achievements. Please feel free to contact us if you have such information.



Brittany Glassey Year 13 Printmaking Drawing study from Alfred Hitchcocks *The Birds* Graphite on paper As we are nearing the end of Term 2, now is the time for students in all year levels to be thinking about where they are headed, and their plans for next year. We have been meeting with a number of Year 12 and 13 students and discussing options for career pathways. If you would like to discuss your pathway, regardless of your year level, please come to Student Services and make an appointment to see one of the Tutors or a member of the Careers team.

A reminder that if you would like a Principal's reference, please fill in the form at Student Services and return it to Mrs Senior at least three weeks before you need the reference. We are approaching a really busy time and it is important to start thinking about this now.

A number of opportunities have been offered to students, particularly those in Years 12 and 13. CPIT held its annual 'Have a go Day' on Friday 5<sup>th</sup> June, where a group of students had the opportunity to trial being a CPIT student for the morning.

The 'Workchoice Earn and Learn Day' took place on Thursday 11<sup>th</sup> June and 20 students were able to listen to speakers from a variety of industries in the morning, and then visited either the Accor Ibis or Metalcraft in the afternoon, looking at opportunities in these areas.

### **Work Experience Opportunities**

Many students take advantage of the school holidays to explore career and employment opportunities through our very successful Work Experience Programme. If your student would like to take advantage of this opportunity, please ask them to see Mrs Gard'ner in the Student Services area without delay. Now is the time for students in all year levels to be thinking about where they are headed, and their plans for next year.

#### Gateway

Lincoln High School has successfully offered the Gateway Programme to senior students for a number of years. The programme aims to provide a workplace learning programme for Year 12 and 13 students interested in a particular industry.

It is designed to give students a literal 'gateway' into their chosen profession through ongoing practical exposure to the industry, and the opportunity to achieve industry credits that will give them industry-based knowledge.

This year we have had placements in the areas of building and construction, childcare, aviation, retail, engineering, mechanical, painting and decorating, electrical, plumbing and agricultural fields.

#### How can I get involved as a student?

Students on Gateway will need to have completed Level 1 and be in Year 12 or Year 13. You also need to be capable of undertaking a self-managed, structured work placement and of achieving unit standards in the workplace. Please see Mrs Gray at Student Services for more information.

#### How can I get involved as an employer?

We rely very heavily on the generosity of employers who are willing to take students one day a week over a ten week period. This gives employers the opportunity to:

- gain extra part-time help
- strengthen links to industry training
- give something back to the community
- expose your industry to employees of the future

If this is something you would like to offer a student or you would like more information on the programme, please contact Mrs Gray at Student Services 325-2121 or <a href="mailto:ggr@lincoln.school.nz">ggr@lincoln.school.nz</a>

**Careers and Pathways** 

Continued from previous page

### Scholarship information

#### Victoria University of Wellington

will be holding an information evening in Christchurch on **Thursday 25<sup>th</sup> June** at the Chateau on the Park. The event details are as follows:

Light refreshments upon
arrival
Studying & Accommodation
at Victoria session
Faculty sessions

#### Session One: 7.00 – 7.25pm

Room A - Law / Commerce Room B - Architecture & Design

#### Session Two: 7.30 – 7.55pm

Room A - Bachelor of Arts / Education Room B - Science / Engineering

# Otago University Teacher Education Programmes

It is important to note that if you are thinking of applying to Otago University College of Education, the applications are due by **31<sup>st</sup> August.** 

#### **CPIT Bachelor of Medical Imaging**

Students intending to apply for this degree at CPIT need to be aware of a change in application deadlines which will vary from some brochures. The date has now been brought forward from 21<sup>st</sup> September to **Tuesday 1<sup>st</sup> September**.

# Russell McVeagh School Leavers' Law Scholarship.

This is worth \$1000 first year of study and \$2000 for every year that Law is studied as well as internships and graduate positions. Applications are open from **Tuesday 2<sup>nd</sup> June 2015 until 5.00pm on Friday 3<sup>rd</sup> July 2015.** Applications will be available via their website <u>www.summerclerk.co.nz</u>. Applications are to be made online where possible. Students will need to submit electronic copies of:

- a 500 word cover letter outlining why they want to become a lawyer
- a school testimonial (you may send this separately)
- a reference
- their CV
- their academic records to date
- a passport sized photo (optional).

**PWC Scholarship Programme** opened for applications on **June 2<sup>nd</sup> and closes on 24<sup>th</sup> July**. This is open to students studying Commerce or Business; conjoint degrees and those completing studies in Law. For further information go to:

http://www.scholarship.pwc.co.nz

**Mensa New Zealand Inc.** is pleased to offer a scholarship to New Zealand students who are undertaking tertiary study. There are two scholarships of \$500 each and applications close on **1<sup>st</sup> October**. Information about the application process can be found on the noticeboard at Student Services.

**New Zealand Tertiary College,** who offer Early Childhood Education Teaching Degree & Certificates are offering teacher education scholarships for students of Maori or Pasifika descent. Those who are successful will save up to 80% study fees for the first year. For further information email:

enrolments@nztertiarycollege.ac.nz

**Canterbury Health Laboratories (CHL)** are offering Lab internships for school leavers with a strong background in Science at Year 12 & 13. For further information go to:

http://www.chl.co.nz/images/stories/brochure.pdf for their flyer or their website for information about a lab tour and the 12 month fixed term internship http://www.chl.co.nz

#### Continued from previous page

Upcoming Event	Location	Date	
CPIT Open Day	CPIT – Madras St & Ensors Road sites	Thursday 18 <sup>th</sup> June, 3.00 – 6.00pm	
NZ Tertiary College Open Evening (Early Childhood)	Units 12 & 13, 114 Sawyers Arms Rd, Papanui	Wednesday 24 <sup>th</sup> June, 4.00 – 6.00pm	
University of Otago Information Evening	Silks Lounge, Addington Events Centre	Wednesday 24 <sup>th</sup> June, 6.30 – 8.30pm	
Victoria University Information Evening in Christchurch	Chateau on the Park	Thursday 25 June	
HOLIDAYS			
CPIT Girls Rock Trades	СРІТ	Monday 6 <sup>th</sup> – Wednesday 8 <sup>th</sup> July	
University of Canterbury Open Day	UC	Thursday 9 <sup>th</sup> July	
Ecobots	CPIT	Monday 13 <sup>th</sup> – Tuesday 14 <sup>th</sup> July	
Lincoln University Open Day	Lincoln University	Wednesday15 <sup>th</sup> July	
Aerodynamix	CPIT	15 <sup>th</sup> – 17 <sup>th</sup> July	
TERM THREE			
Canterbury University Liaison Officer visit Year 12	LHS	Tuesday 28 <sup>th</sup> July, 2.15 – 3.05pm	
CPIT Nursing Information Session- Nursing 5.30-6.30pm Pre Health 6.30-7.30pm	CPIT	Tuesday 4 <sup>th</sup> August	
Massey University Open Day: Manawatū Campus.	Palmerston North	Wednesday 5 <sup>th</sup> August	
Canterbury University Liaison Visit – Course Planning	LHS	Tuesday 11 <sup>th</sup> August, 2.15 – 3.05pm	
Year 10 Challenge	CPIT	Thursday 13 <sup>th</sup> August & Friday 14 <sup>th</sup> August	
Massey University Open Days: Albany Campus.	Auckland	Friday 15 <sup>th</sup> August	
Otago University Liaison Visit – General Course Planning	LHS	Tuesday 25 <sup>th</sup> August, 2.15 -3.05pm	
Open Day & Industry Expo	CPIT	Thursday 27 <sup>th</sup> August	
Massey University Open Days: Wellington Campus	Wellington	Friday 28 <sup>th</sup> August	
Victoria University Open Day	Wellington	Friday 28 <sup>th</sup> August	
Auckland University Open Day	Auckland	Saturday 29 <sup>th</sup> August	
TERM FOUR			
Otago University Liaison Visit – Health Science Course Planning	LHS	Tuesday 20 <sup>th</sup> October, 2.15 -3.05pm	

Continued over

#### Scholarships and Accommodation

At a recent meeting with Year 13s intending to go to University next year, students were made aware of various time constraints in terms of applications for Scholarships and Accommodation.

Many major Scholarships close on August 15th (although there are equally as many that have different due dates, so it is important to be aware of what the due date is for the scholarship you are applying to). Students have a booklet with various sites that they can visit to find the relevant information.

Students were also reminded that they require a Principal's Reference from the school when applying to these.

Many have collected the fill-in sheet that allows for this process to begin. These can be found at the front office in J Block. Students are reminded that these can take up to four weeks to be processed.

Application for accommodation to the Halls opens on the 1<sup>st</sup> August and closes on the 30<sup>th</sup> of September for all Universities – students are to apply online at the University/ies they intend to go to.

#### Where to find information

Please note that students can access the **Careers and Pathways Class Site on Office 365** where relevant information on upcoming events are placed in the Calendar and where you can also find any downloaded handouts. Notices are also placed on the Noticeboard in Student Services, as well as on the entrance wall to A-Block 1—4 - Te Wai Matau

#### **Technology at Home**

I spoke with parents at the PTA meeting on May 12<sup>th</sup> about managing the increasingly intrusive (yet necessary) technology that has become a big part of our lives. Whilst it's a problem for many teenagers, Counsellors at Lincoln High School are also hearing from many students, that parents can also be very distracted and sometimes unavailable. Research shows that although many teens can seem very 'tech-savvy' with regards to negotiating their way around the net, they are often naïve about many aspects of internet related behaviour. That includes the more obvious aspects such as safe behaviour, but also the biases of search engines etc.

A key factor in resisting the pull of the technology is for all family members to remain available to each other, and of course for parents to model this from the 'top down'. Those families who are already doing this better, will often do things like introducing tech-free zones, such as an hour each evening when people shut down their devices. Having teens charge their devices in the kitchen overnight (i.e. no access during sleeping hours) will also increase the chances of a better sleep pattern, and thereby bring more enhanced daytime functioning.

If you are struggling with any of this at your house, please feel free to contact me or any of the other Counsellors here at Lincoln High School. Meanwhile here's a really good link from Berkeley University that unpacks some of these ideas further: <u>http://</u> <u>greatergood.berkeley.edu/article/item/</u> <u>five tips for helping teens manage</u> <u>technology</u>

Bruce McNatty

Counsellor

### Cyberbullying

Information for parents and caregivers on how to act if they suspect that a child is a victim of cyberbullying could include:

- Asking questions about how digital technology is being used
- Taking an active approach to discussing digital issues with their child
- Not to use access to technology as a sanction in response to cyberbullying / being cyberbullied
- Saving all bullying messages and images for use in reporting the bullying to the school or the police
- Contacting the police if the cyberbullying involves physical threats or could put the child in danger
- Lodging a complaint with the mobile phone or social networking site provider
- Contacting Netsafe.

Acknowledgement of resource - Bullying prevention and response: A GUIDE FOR SCHOOLS 2015 – NZ Govt.

#### Spirit of Adventure

Berths are available this year. Please contact Linda Chapman if you have a young person interested in going on a voyage. Check out the website <u>www.spiritofadventure.org.nz</u> or email me <u>lch@lincoln.school.nz</u>

Ich@lincoln.school.nz bki@lincoln.school.nz wgr@lincoln.school.nz bmy@lincoln.school.nz

Counsellors

Linda Chapman Counsellor/HOD Guidance

#### Stage Challenge

In May of this year, Lincoln High School participated in the nationwide Performing Arts competition of Stage Challenge. This year, the piece was designed to reflect on the history of New Zealand mining and provoked thought about whether we have really learnt anything at all.



The cast and crew rehearsed for months leading up to the big day, and ended up coming third place in the RAW division we entered.



Alongside a third place ranking, the Stage Challenge team also walked away with awards of Excellence for Student Achievement, School Initiative, Concept, Drama, Choreography, Costuming Character, Performance Skill and Soundtrack.



Our schools leaders, **Siobhan O'Brien, Olivia O'Brien** and **Ellen Thompson** were overjoyed with the final results.

The girls created the entire choreography and ensured that every cast member was professional during the performance.

We could not be more proud of all the time and effort the cast put into Stage Challenge and we would like to personally thank **Ms Wylie**, **Ms Millar**, **Mrs Peters**, **Mrs Yee** and **Stephanie O'Brien** for all their support and help to ensure the day ran smoothly. We look forward to hearing more success coming from the Drama department at Lincoln High School.

### Drama Update Double Bill

The Year 12 class is performing two one-act plays on the **2<sup>nd</sup> July in Period 3 and 4** in the school hall. *Follow, Follow, Follow* is a New Zealand play written by Angie Farrow, exploring the transition from childhood to adulthood, but set in a future time where the teenagers are trapped in a child's playroom. The second play, *Living with Lady Macbeth*, by Rob John, looks at some of the issues of power and ambition. Lily is tired of always being behind the scenes, of being ordinary and reliable and decides to audition for the school play, much to the discomfort of those around her. \$5 tickets - door sales.

#### An evening of Melodrama

Come and be entertained on the 17<sup>th</sup> June for FREE (additional family members only \$2) in school hall - 5 groups of Year 11 Drama students will perform entertaining and adventurous plays in a Victorian Melodrama style. Students have written these themselves and there are bound to be a number of laugh out loud moments with villains and heroes trying to outdo each other.

#### Continued from previous page

#### Auditions coming up soon

Year 12 students opting to do extension credits in Directing will soon be looking to find performers for their plays. If you are interested in auditioning, read the notices and look at the notice boards outside PA1.

#### **Senior Field Trip**

#### 'Romeo and Juliet'

'For the first time ever William Shakespeare's classic tale of romance and tragedy came to The Court's stage, as two star-crossed lovers following their hearts, succumb to their forbidden love.' Senior Drama students watched the matinee on the **16<sup>th</sup> June**, followed by a director's Question and Answer session.

We trust that you will get involved and be inspired, whether it be as a performer, technical assistant or audience member. If you have any further questions or ideas, please do not hesitate to email or visit the Performing Arts areas. The Drama room is located in PA1 next to the hall

Sandra McLean HOD Drama smc@lincoln.school.nz

#### Library

# Here are two new apps to make life easier:

The first is the *Access-It Library mobile phone app* - available for *android* (GooglePlay store) or *iPhone* (Apple app.store). Once downloaded and configured on their smartphones, users can use the app from anywhere, anytime, to search the library catalogue for availability of resources and to check their own account (including current loans, overdue items and loan history). Simple instructions for setting up and enabling the app are available in the library.

The second is the Wheelers *ePlatform App* available from GooglePlay, Amazon app.store, and the Apple app.store. The ePlatform app makes it quick and easy for students to find our school's ePlatform. It offers all the features of the web-based platform so users can read their favourite books any way, any time (even offline) on their iPad, iPhone, Galaxy, Kindle Fire or other device – without downloading any additional software. Follow these three easy steps:

- 1. Search for and download the ePlatform app from your app store
- 2. Find our library and log in using your library ID
- 3. Browse and borrow an eBook to read on your device.

Ask library staff if you need assistance.

#### Bronwyn Rickerby

Library Manager



During the Term One holidays Amy Burney was fortunate enough to be selected to attend the 12<sup>th</sup> annual Sir Peter Blake Youth EnviroLeaders' Forum. This forum took place in Rotorua from 11 - 17 April, 2015. It focused on fresh water management, planning and eco-tourism. Amy also attended the Water-wise program organized by The Untouched World in conjunction with ECAN. Here is what Amy had to say about her experiences:

Over the last few weeks I have attended two, week long Environmental Leadership Forums.

First, the national Youth Enviro Leaders Forum run by the Sir Peter Blake Trust up in Rotorua and then the Water-wise program sponsored by The Untouched World Charitable Trust and ECAN, held just beside our local Lake Ellesmere. Both activities have been truly inspirational and have taught me the importance of protecting our environment and allowed me to believe we can help to make it better. I have met some amazing people who I am now proud to call my friends, and most of all I have learnt that to make something happen all you need is collaboration. This term the Envirocouncil members organised their annual cupcake sale. Below is what Min-Young, our Envirocouncil leader had to say:

Since the devastating earthquakes occurred in Nepal on the 25<sup>th</sup> of April. Lincoln High School's Envirocouncil decided to make a contribution towards assisting the earthquake victims in Nepal. The council annually holds a cupcake sale and the proceeds collected during the sale are donated to various charities. This year we decided to give all the money raised to the Nepal earthquake appeal. A number of our members and a few student council members volunteered to bake, ice and sell these cupcakes. The cost of our ingredients was about \$140 but we earned more than twice the cost of the ingredients. The proceeds from this sale were added to the mufti day school fundraiser. We were all ecstatic and proud of the support we received from our fellow students during this time of need.

If you wish to get involved, make a difference and have opportunities like Amy and Min-Young have described above, you are most welcome to join the Envirocouncil. We meet every Tuesday, during lunchtime in E4. For further information you may contact Ms Litten (<u>sli@lincoln.school.nz</u>) or Ms Hamburg (<u>sha@lincoln.school.nz</u>)

Sharyn Litten and Santhia Hamburg Lincoln High School Envirocouncil



Senior Lincoln High School Health Education students have been busy in their learning areas, with lots of discussions around health issues in New Zealand and globally. In the news recently there was a debate around whether or not fertility awareness should be part of our Health Education, or sexuality programs in schools. There has also been big debate around Euthanasia and "The Sugar Debate". All these headlines have been used in our classrooms to try and get our students to think more critically. We want our students at Lincoln High School to be able to think critically about situations or dilemmas that may be detrimental to their well being.

Other skills we are trying to develop in our students are the skills of empathy and awareness around people's lives. Trying to 'Think Big' about the reasons why people's health status is varied, and may be more fortunate due to access, finance, economic and social support. Both Year 12 & Year 13 students will now be beginning to understand that not having access to some of these factors can be detrimental to some individual's wellbeing.

Our Year 12's are about to put actions and strategies in place around our school community to address the health issue of sugar consumption. Watch this space to hear about the education they are trying to give our community. Well done to our Yr 13's for allowing yourselves to explore ideas which are clearly important to you. We have been investigating an ethical issue. Our choice of ethical issue was around PGD - Pre Genetic Diagnosis. Tanya Harris (PHD) from Genea World Leading Fertility Group based at Women's Fertility, Oxford Clinic came to visit our class and informed us around the procedure. This\_gave us a wealth of knowledge. We thank her very much for her time. This unit of work has really made our students think about their moral standing on certain situations. The attitudes and beliefs we have around certain laws and regulations in New Zealand have been discussed in depth within our class.

I think both our Year 12 & Yr 13 students would agree that **"Knowledge is Power".** The more informed we are, the better and healthier decisions we can make for ourselves.

If you think you could support our Health Education programs in any way, please get in touch.

Debbie Jones TIC Health Education djo@lincoln.school.nz

# 'Healthy Eating for you and your

**family'** from Selwyn Parenting Network Sally Rossiter specializes in healthy eating and health behaviours around food and physical activity.

Come and hear her speak at the Lincoln Events Centre, 7.30—9.00pm Tuesday 23rd June, and 7.30pm—9.00pm Tuesday 30th June at the Rolleston Community Centre.

Limited seats available, to register please email date you wish to attend with your name and contact phone number to <u>events@spn.org.nz</u>



After studying a short story with the theme of caring for the environment, the Year 11 ESOL decided to spend two periods cleaning up our own environment around Lincoln township. With buckets and tongs, we walked through the Mahoe Reserve, through the Liffey and into Lincoln Village. We collected 12 buckets of rubbish, mainly from the village area. This was a great effort and made everyone think about how important it is to respect and take responsibility for our environment.

Thanks to the International Council for organising a very successful shared lunch recently. J1 was very crowded with International students, council members and students from Year 11 Geography and Japanese classes. Thanks to everyone for bringing delicious food to share.

Penny Lancaster ESOL Department



#### Homestay Families needed

Lincoln High School is presently seeking additional homestay families for overseas students attending the school.

For further information, please call Lincoln High School's International Homestay Co-ordinator on Phone 325-2121, extension 316.

### 2015 Annual Chinese Speech Competition

The 8<sup>th</sup> Z National Chinese Bridge Proficiency Competition was completed successfully on Saturday 16<sup>th</sup> May.

The Chinese Consul General Mr Jin Zhijian of Christchurch, the Executive Board of the NZ China Council Mr Tony Brown of Wellington, the University of Canterbury PVC (Arts) Professor Le Cocq; and other Education Consulate generals and Confucius Institute directors from Auckland, Wellington and Christchurch were present.

There were two categories, senior and junior secondary. There were fifteen students in each category, and students came from all over NZ to participate in this Speech Competition at University of Canterbury.

Each student had to deliver a Chinese speech; a talent of their choice, and answer questions in Chinese to the three judges. It was a tough competition and our students performed very well.

Taylin Smith Y10 came 3<sup>rd</sup> for the competition; she also won the top talent for the junior category with her Chinese dance -"MO Li Hua", and she danced again at the Award Ceremony.

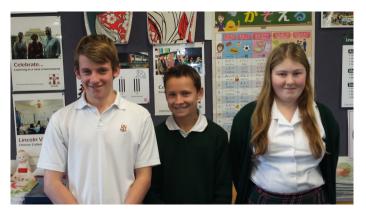




Charlotte Walker Y11, Matthew Weaver Y10 and Leah Sammon Y10 were given distinction for their performances. Charlotte played the Nunchakus; Matthew played the piano and Leah wrote calligraphy with a brush.

Congratulations to our participants and who were all high achievers!

Terina Yee Languages; Chinese



Congratulations to our Year 10 students Cameron Jolly, MacKenzie Parker and Tayla Haugh. These students have been selected to travel to Japan in October this year.

These students will be part of a delegation of students from Canterbury Schools that will travel through Japan and spend time in Kurashiki, our sister city.

This is the second year these students have been learning Japanese so this experience will be invaluable and give them a deeper insight into the culture and customs of Japan.

#### Rachel Austen

Head of Learning Area; Languages

Continued from previous page

Congratulations to the following students who achieved wonderful awards in the recent Language Perfect World Championships.

This was an on-line competition that ran from the  $18^{th}$  May through to the  $28^{th}$  May.

Award	Student
Gold Award	Lexi Richards Aurelia Wilber Lachlan Clark
Silver Award	Janelle Kwan David Walker Ella Curtis-Smith Michael Anderson
Bronze Award	Charlotte Walker Samantha Strangman
Credit Award	Hana Tiltman Amelia Prusas Michael Caines Aimee Taylor Louise Richards Madison McQuinlan Xavier Emnas Sophie Hill Mandy Herman

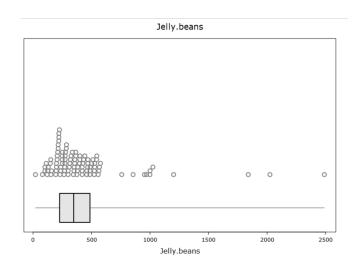
#### Rachel Austen

Head of Learning Area; Languages

#### Jelly Bean competition.

The Mathematics and Statistics department, ran a 'guess the jellybean' competition during Open night. Below is a graph of what peoples' guesses were, and a picture of the container. As a bit of a statistical experiment we would like more people to take a guess at how many jelly beans are in the jar. The people on the night got to pick up the jar and count how many were down the side and around the bottom. You just have a picture and a graph. Who will get closest? Please use the web address or the QR code to register your guess.

Min	1st Qu.	Median	Mean	3rd Qu.	Max.	Std.dev	Sample. Size
21	226	347.5	431.4	487	2489	377.18	98







If you don't have QR: use the web address bit.ly/1G1gRue

Mitchell Howard HOD Mathematics The Music Department and the Christchurch City Chorus are joining forces to put on an evening of theatrical musical entertainment called the "Generation XYZ Concert", spanning all generations on **Thursday 18<sup>th</sup> June, 7.30pm** in the school hall. This is a great opportunity for our students to be performing alongside New Zealand's number one A Cappella Chorus. The movie 'Pitch Perfect 'gives you an idea of the style of music that will be performed. The Christchurch City Chorus are currently placed 6<sup>th</sup> in the world and they are fundraising towards competing overseas.

The Music Department is fundraising and will be donating the money to the Christchurch City Mission. With winter now upon us the money will be used toward keeping families warm.

Tickets are available through the school office \$20 for adults and \$10 for students.

Christine Peters Arts Co-ordinator Lincoln High School's Smokefree Rockquest band, Altero, has progressed through to the next round of the hotly contested music competition. The band consists of Year 13 students; Bede Barrie (drummer), Jared



Whiting (bassist), Miceal Wilson (guitarist), and Min-Young Her, vocalist.

They performed to a packed audience in their heat and came out as one of the top 10 bands from the competition.

They have worked extremely hard for this welldeserved result. Altero will perform next at the Regional Finals, on stage at the Isaac Theatre Royal on June 26<sup>th</sup>.

To help Altero get to the Rockquest finals you can text 'Altero' to 3933.

#### Adopt-A-Scientist

Students in the Year 9 enrichment class are taking part in the Adopt-a-Scientist Program, which is now in progress with students meeting community scientists who have agreed to be adopted. Students listed three areas of interest and were matched with appropriate mentors in the community.

The positive and supportive response to calls for adoptees demonstrates the passion that those working in areas of science have for inspiring and motivating junior Lincoln High School students. The willingness of so many professional scientists to allow students to take part in actual research projects that aim to make a real contribution to the community, and in some instances to global knowledge, is invaluable. Many of the projects will allow insights at a depth and breadth into specific areas that students may not otherwise have the opportunity to experience in life again.

Projects that students are involved in include researching novel forage composition and quality, developing a biomarker, biosynthesis of natural antibacterial/insecticidal compounds in plants and fungi, developing computational models to study questions like species coexistence or coevolution, quantifying and describing the effects of "Bullying" in NZ workplaces and schools, gene prediction using LINUX, surveying lichen dispersal and habitats, demonstrations of trapdoor spider natural history (not for arachnophobes as these are big spiders that move fast), investigating how the brain controls swallowing to help develop treatments after trauma, researching the best way to make lab cultures of aphids to go winged, mapping species distribution on Quail island, using Arduino and RaspberryPi to build and test insect monitoring devices, super rugby and sports physiology, chronic pain management, investigating the impact of fertiliser on given

bacteria in soil, determining the speed of rotation of Saturn's rings and surveying covered crops for aphid numbers, and relating this to disease.

The adoptees are from our local Canterbury community and include, but are not exclusive to AgResearch, Plant & Food, Lincoln and Canterbury Universities, Aoraki Polytechnic, Christchurch Polytechnic, OPUS, FloraScapes, Institute of Environmental Science and Research, FutureInTech, Black Cat Group and the Quail Island Trust. The adoptees have very full schedules and yet have volunteered their time and energy to entrust our students with various resources, equipment and scientific process that will provide unforgettable experiences for many.

The scientific community in Canterbury has shown how science best works: collaboratively, supportively and with encouragement. Without adoptees this program would not be possible. It is those taking time to nurture, support and extend LHS students that make this project possible. The Year 9s would like to extend a huge sincere thank you to all the 9PY mentors without whom these amazing experiences would not be possible. It is hopeful that the final result may be that these experiences will light a spark that will lead on to further study and subsequently future scientific, and even other related careers. As the Year 9s commence their projects let's wish them well as they embrace their opportunities and in doing so, aim high.

Georgia-Rose Travis Science Department

# Canterbury Secondary Schools' Road Race

A small, but dedicated group of Lincoln High School runners competed in the Canterbury Secondary Schools' Road Race on 7<sup>th</sup> May. In warm and windy conditions the athletes put in a good effort. Most of the fields had 40–50 runners. The best performance was **Lucy Turner**, 5<sup>th</sup> Junior Girls, then **Eden Skipper**, 11<sup>th</sup> Senior boys.

**Henri Rollinson** qualified for eight events at the National Age Group (NAG) swimming Champs in Wellington. Henri achieved a personal best in 7 of the 8 preliminary races and got into finals for 200 Free, 400 Free, 50 Fly and 100 Fly. He won a bronze medal in the 400 m free at the time of 4:29.59 (with a 14.41 seconds of his personal best!), 4<sup>th</sup> in 100 fly (1:04.11 7<sup>th</sup> in 50 Fly (29.79) and 8<sup>th</sup> in 200 Free (2:10.86).

# Canterbury Senior Schools Cross Country races

An enthusiastic group of Lincoln High School athletes went to Halswell Quarry on Tuesday, 26<sup>th</sup> May to compete in the Canterbury Senior Schools cross country races.

The conditions were ideal for fast times across all grades. Our results were mixed with our best performance coming in the Junior Boys where Jared Pidcock was placed 3<sup>rd</sup>.

# 2015—Canterbury Schools Cross Country results

**U14 Girls** Alice Bain—24th Millie Thompson– 29th

**U14 Boys** George McNaughton—31st Tom Smith– 19th

Junior Girls Courtney Phillips– 30th

Junior Boys Jared Pidcock—3rd

Intermediate Girls Tayla Clark—25th

U19 Boys Eden Skipper—22nd

# U17 Selwyn Netball teams from Lincoln High School.

Under 17 A team

(Going to Nationals)

Georgia Tuatini Hayley Hallinan Katelyn Beer Kintea Thomson Maddie Ewan Sarah Freeman Te Rina Keno

Under 17 B team

Anna Wells Jesse Cox Libby Trevelyan

Well done to all those who were successful, but also to those who were willing to try out for sports teams and events.

Key Dates 2015	
Term 2 : 2015	
Friday 26 June	Year 13 Independent Study Day
Friday 3 July	End of Term 2
Saturday 4 July	School Ball
Term 3 : 2015	
Monday 20 July	Start of Term 3
Tuesday 4 August	Nathan Wallis parent seminar (evening)
Monday 10 August	Ashburton Sports Exchange (at Ashburton)
Wednesday 26 August	Townsport ends
Thursday 17 September — Friday 25 September	Senior practice exams
Friday 25 September	End of Term 3
Term 4 : 2015	
Monday 12 October	Start of Term 4
Wednesday 14 October	Townsport starts
Friday 16 October	Cross Country
Monday 26 October	Labour Day
Tuesday 27 October	Sports Awards Ceremony (evening)
Friday 30 October	Last Day — Year 12
Monday 2 November	Last Day — Year 13
Tuesday 3 November	Last day — Year 11
Wednesday 4 November - Friday 6 November	Year 10 exams
Monday 9 November	NCEA exams begin
Thursday 12 November	Teacher Only Day
Friday 13 November	Show Day
Wednesday 18 November	Townsport ends
Friday 4 December	NCEA exams end
Friday 11 December	End of Term 4