

LINCOLN HIGH SCHOOL

Te Kura Tuarua o Waihora



AKO 18

LEARNING FROM EACH
OTHER

AKO 18

'Ako' describes a teaching and learning relationship where the teacher is also learning from the student.

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: **Lincoln Values Lifelong Learning:** :
: **Learning until the last minute!** :
:
.....

One of the highlights of our end of year is **Ako 18!** Students and teachers will have a unique opportunity to learn together, in small groups, about a topic of their choice, for two days. There is much more to learning than the regular classroom, and in these two days, students will have an in-depth opportunity to learn in a different way to their usual school experiences. It is also an opportunity to develop key competencies.

NOTE:

All costs have been calculated as accurately as possible, but some may vary as they are dependent on how many students do the activity.

Students who are unable to go on an activity due to medical reasons will have the fee refunded if a note is provided by their parents.

Students who pull out of an activity for any other reason will only receive a refund if written notice is given at least three school days before the activity. For some activities more than three days' notice will be required.

ACTIVITY TITLES

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Basketball
Cupcake Couture
Dr Dolittle
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Hair and Beauty
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High Country Horses
Ice Skating, 10 Pin Bowling, Laser Strike
Ice to Sun Safari
Managing Your Personal Finances
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Origami Craft and Creation
Project Runway
Rock Climbing
Stencil Art Graffiti Wall
Tennis, Table Tennis & Badminton
The Journey
Wonder Dogs
Writing Right the World

ABOUT THE ACTIVITIES



A Summer Getaway

Cost: \$62 + \$25 personal spending money

Location: Okains Bay Camp Ground and Akaroa township

Do you like summer? Swimming? Ice cream? Camping? Relaxing at the beach?

Over the course of the two days, students will experience a variety of classic kiwi camping activities. We will also be camping overnight so students need to have access to a tent or be able to share with a friend (essential).

- Day 1
 - Set up camp
 - Super slide at the beach
 - Sand castles/ beach games/ boogie boarding etc
- Day 2
 - Trip to Akaroa
 - Paddle boarding (no experience necessary)
 - Real fruit ice creams
 - Fish and chips on the beach

Students will need to plan and prepare their own dinner and breakfast-camping style! (costs for food not included)

Adventure Park Mountain Biking

Cost: \$125

Location: Port Hills Adventure Park

Feeling fit? Love the outdoors? Come and spend two days mountain biking on the port hills. We will show you some bike maintenance skills, push you outside of your comfort zone. Students should have intermediate mountain biking experience and fitness levels and should also have access to an appropriate mountain bike - front suspension is a minimal requirement.



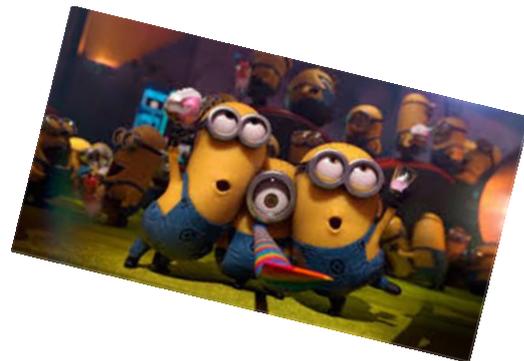
Animation Station

Cost: Nil

Location: School

To plan and film a short animation of your choosing. We will be animating in small groups to produce a short animation.

You can choose from a variety of animation techniques and we will show your animation at the film festival on the final afternoon. Popcorn provided!



Basketball (how to train and have fun playing)

Cost: \$10

Location: School



Do you enjoy basketball? Do you want to learn some skills and drills that can be used when you play next year? Then come along and learn how you can improve on all the basic parts of basketball. Two important aspects that will be focused on is relating to others as part of a team and managing self when completing drills individually.

Cupcake Couture

Cost: \$50

Location: School

If you love baking cupcakes and want to learn the secrets, tips and tricks to making stunning cupcakes then join this AKO activity and we will show you how it's done! You will be taught how to bake delicious cupcakes, pipe icing, make decorations from sugar paste and decorate cupcakes with flair. You will also make beeswax wraps, a great alternative to gladwrap. At the end of AKO you will take home 12 cupcakes and beeswax wraps all created by you, as well as your new found knowledge and a piping tip to use at home.





Dr Dolittle

Cost: \$55

Location: Trips to The Antarctic Centre, Orana Park and the SPCA

Come along and interact with the animals. Visit the SPCA to find out what they do in our community and learn how to care for and respect animals. We will donate food and new toys to help the animals at SPCA. Become an ambassador for these associations and spread the word of the great work that they do for the animals. Also, meet the educators for guided visits to Orana Park and The Antarctic Centre. Learn about our World's Endangered species.



Exploring the Peninsula

Cost: \$30

Location: Peninsula walks



Banks Peninsula is the gem on our doorstep. Join our AKO and get to enjoy two short day walks on the Peninsula. The first day is a walk from Gebbies Pass up to the Packhorse Hut for lunch. Glorious views from the top of Lyttelton Harbour. The second day is a walk from Taylors Mistake out to Godley Head for lunch.



Fast and Fearious

Cost: \$95

Location: Akaroa and Adrenalin Forest

On day one we'll be scaling the tree tops of Adrenalin Forest and racing down the flying foxes. On day two we head to Akaroa to swim in the harbour, enjoy the pies, and speed around in a jetboat (and maybe even spot some dolphins!)

Fizzing for Food and Fitness

Cost: \$45

Location: School



Do you like food? Do you want to get active, healthy but don't like playing sport? This is the Ako for you! You don't have to be fit or sporty to join us in this two-day mindfulness exploration, where we will enter the holidays feeling refreshed! In this two-day extravaganza you will get to eat, create and enjoy food that is delicious and nutritious. We will also spend some time exploring local scenic spots where we will walk and enjoy the great outdoors. But don't worry, there will be time to snap those perfect 'gram pics and enjoy a picnic with your friends! Come and join us as we wind down, soak up some sun and enjoy food and fitness!



Golf

Cost: \$60

Location: Golf Complex

Students will work in groups and individually depending on the activity.

- Students will play two rounds of golf at specified golf courses.
- Students will spend time individually at a driving range
- Students who are beginners will receive some instruction.
- Students will be taught the etiquette of golf.
- Students will have the opportunity to play mini golf.

Hair and Beauty

Cost: \$15

Location: SIT and School

To attend a 1 day STAR beauty and hair taster course and spend a day learning from a make-up artist/stylist at school. Students will learn key beauty skills and come out with inner confidence.



High Country Fishing and Camping

Cost: \$60

Location: Lake Heron and Mt Arrowsmith Station

This lake fishing and camping trip will be an opportunity for students to have an overnight camping and fishing experience.

We will be camping at Lake Heron (in the Ashburton Lakes area) and fly fishing or spin fishing in that lake for trout. We will be staying at a small campsite on Mt Arrowsmith station with limited facilities meaning that we will have the opportunity to experience the outdoors the way it should be experienced. This area is an example of the scenic beauty that NZ is recognised for.

The main focus of the trip will be freshwater fishing however there may be some opportunities for hiking and other outdoor pursuits as well. With any luck these will include cooking (hot smoking) and eating the fish that we have managed to catch during the day.



High Country Horses

Cost: \$210 approx

Location: Rubicon Horse Treks, Springfield

If you love horse riding at a relaxing pace, taking in some awesome scenery, then this is the option for you! Come join us for two different horse-back adventures up in the high country.

You will experience the sheer serenity of the rolling hills overlooking the Torlesse Basin and Waimakariri Gorge - a very different part of the Selwyn district.

We will stop for a rest at picturesque locations with photo opportunities. Relax! Unwind... and enjoy the scenery on horse-back.



Ice Skating, 10 Pin Bowling, Laser Strike

Cost: \$55

Location: Alpine Ice, AMF Bowling, Laser Strike

In this AKO activity we venture to the indoor Ice Skating rink for a day to learn/improve on your ability to skate. We then tackle Laser Strike where we split into teams and battle it out. Our last adventure is Ten Pin Bowling to see who can score a few Strikes or who is better at getting gutter balls.



This is a relaxed few days to spend time with your friends while learning a few new skills.

Ice to Sun Safari

Cost: \$55

Location: The Antarctic Centre and Orana Park



Come along and interact with the animals and learn about the environments.

A day at the Antarctic Centre for THE WHOLE EXPERIENCE education, exploration, experiences and adventures with animals and the environment (Haaglund, Penguins, Huskies).

Then a day (hopefully SUNNY) at Orana Park for education, animal encounters and learning about our World's Endangered species.

Managing Your Personal Finances

Cost: Nil

Location: School

Sometime in the near future (possibly even now) you will be considering things like:

- Tax
- Saving money
- Hire Purchase
- Credit cards
- Buying a car or house



This course will be looking at the big picture of your life and managing your money. What are the secrets to day to day spending to reduce your financial risk and achieve your life goals? What part does psychology play in making decisions about your money?

Model United Nations

Cost: Nil

Location: School

Model United Nations is an activity in which students learn about diplomacy, international relations and the United Nations. Students will become Delegates and will be assigned to a country to discuss and debate current global issues. Two day event. Guest speakers will attend to share their experiences of New Zealand Model UN events.



On the Air

Cost: \$10

Location: Plains FM/Ara and School

Tired of the same old rubbish on radio? Think you can do better? Want to make a difference? Then get on the air! Plan, produce & deliver LIVE your very own 30-minute radio programme(s) on our school station, "YOURFM, 107.5". You have complete creative control!



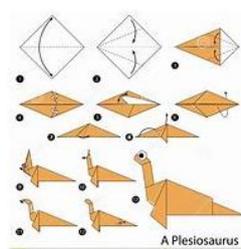
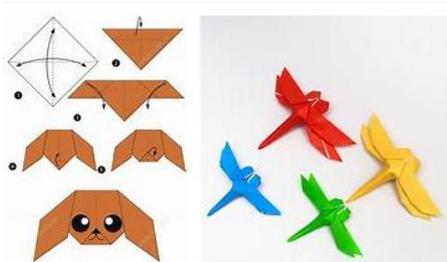
Learn from industry professionals and real life practising radio hosts! On Day 1, go on a tour of a real radio station and learn what it takes to make it in the biz! On Day 2, plan, produce & broadcast LIVE your radio masterpiece!

Origami Craft and Creation

Cost: \$6

Location: School

To facilitate hand - eye coordination and creativity skills linked to learning about different animal species. Origami animals include the making of dogs, parrots, dinosaurs and zoo animals. Students will be encouraged to decorate, add little known facts and learn interesting details about their animal(s) of choice.



Project Runway

Cost: Cost of materials

Location: School

Love fashion? Love to dress up? Ever wanted to have a go at making your own clothes? Or just learn a new skill?

For our Project Runway Ako we will have a two day sewing session working on a project of your choice. We'll play some chill music, sew at our own pace and have a shared lunch on both days. You will need to pick a pattern, fabric and haberdashery suitable to your level of experience. We can point you in the right direction when it comes to buying supplies if you've never sewn before. Beginners to experts welcome.



Rock Climbing

Cost: \$50

Location: Off site/School

To develop personal confidence and improve your self-management skills through meeting the challenges of Rock Climbing. Become more competent interacting with your peers and apply problem solving in a practical context.



Stencil Art Graffiti Wall

Cost: \$20

Location: School

Create your own stencil and learn how to use spray paint like real street artists. Leave your art on the school graffiti wall for years to come. Paste-ups and other paint techniques explored.



Tennis/Table Tennis/Badminton

Cost: \$20

Location: School

To give students the opportunity to enjoy 3 different racquet sports, work cooperatively together, develop their skills and promote a healthy active lifestyle



The Journey

Cost: \$20 plus food

Location: Birdlings

Flat/Timber Yard Point

The Journey; circumnavigate Te Waihora over three days



This takes you from our place of learning along the historical Little River Rail Trail to Birdlings flat by Mountain Bikes.

Camp in a native reserve rarely visited by the public.

Travel along the pacific coast with the pounding of the surf and geography of land movement and wearing of stones walking and cycling to the openings of the water from the lake.

Paddle to Timber Yard point for a camping spot for the night with the opportunity to fly kites in this very wind-swept environment.

Cycle the last leg to school.

Wonder Dogs

Cost: \$40

Location: School

Wonder Dogs is the complete canine experience!

Over two days we will:

- Explore dog training for obedience, agility and tricks.
- Learn about the basics of canine care (grooming, feeding, fitness and behaviour).

This is a practical (hands on) AKO experience. You will need to be keen, responsible and have a mature attitude to learn and interact with dogs and other handlers. Ideally, you would bring your own (suitable) dog for the two days to get the most from this experience although, dogs could be provided if arranged prior with Miss Tighe.



Writing Right the World

Cost: \$50

Location: School

Finish that chapter; start that novel; polish those poems or pen those song lyrics.

Come spend two days with like-minded students under the tutelage of published and award-winning writers honing your writing skills.

School for Young Writers tutor and accomplished author, Heather McQuillan, will lead you through motivating writing drills, provide inspirational hints and tips to improve your skills as a writer, as well as give you time and space to work on your own pieces.

Day one will be spent warming up and writing down; Day Two, you can choose to hone in on lyric writing, poetry, or prose.

You will be given a chance to share your work, learning how to give and receive feedback.

